

## Individual Meetings between Candidate and Sponsor

You are required to meet 4 times between now (Feb. 22, 2009) and your Confirmation (May 2010).

At each meeting you will complete a worksheet found in this packet which includes discussing the Candidate's preparation for Confirmation as well as doing one of the following activities together; fun event, mass, service project, and learn. These worksheets must be completed and turned in by...

Meeting #1 (Spring 2009)	Due: June 1, 2009
Meeting #2 (Summer 2009)	Due: September 1, 2009
Meeting #3 (Fall 2009)	Due: January 1, 2010
Meeting #4 (Winter 2010)	Due: March 1, 2010

Please turn in worksheets to St. Joseph's Parish Office or by mailing them to:  
Stephanie Crowley, Coordinator of Youth Ministry and Confirmation  
St. Joseph's Catholic Church  
41 East First Street  
Waconia, MN 55387

\*If you have any questions, please contact Stephanie at the above address,  
by calling 952-442-3708, by emailing [scrowley@stjosephwaconia.org](mailto:scrowley@stjosephwaconia.org) or by fax 952-442-3719

### The Precepts of the Church (see the Catechism of the Catholic Church #2041 – 2043)

\*The laws or precepts of the Church are a gift as they tell us what God asks of us through the Church. By following God's laws (10 Commandments etc.) we show our love for him (see Jn14:15). They are meant to help us grow in our love of God and neighbor as well as lead us to our ultimate happiness. God made us and knows what will make us happy. These laws are the minimum requirement of the Church.

1. Attend Mass in a Catholic Church EVERY Sunday and Holy Day of Obligation
  - a. Why? To celebrate the Resurrection with the Catholic Christian community!
  - b. What are the Holy Days of Obligation? Solemnity of Mary, Mother of God (Jan.1), Ascension Thurs (40 days after Easter), Assumption of Mary (Aug. 15), All Saints Day (Nov. 1), Immaculate Conception (Dec. 8) and Christmas
2. Go to the Sacrament of Reconciliation at least once a year
  - a. Why? To prepare to receive Jesus in the Eucharist, to seek forgiveness, to continue to grow in your relationship with the Lord. Note: You can receive the Sacrament of Reconciliation more often than once a year, in fact, the Church encourages us to go to Confession regularly
3. "You shall humbly receive your Creator in Holy Communion at least during the Easter season."
  - a. Why? Easter is the most important feast of the Church year as we celebrate the death & resurrection of Jesus (the Eucharist was instituted at this time also) Note: You can receive the Eucharist every week or even every day if you are in a state of grace (If you have committed a mortal sin, go to Confession first)
4. Fast and abstain from meat when the Church asks
  - a. When? Fast on Ash Wednesday, Good Friday and 1 hour before receiving the Eucharist: Abstain from meat on Fridays
  - b. Why? To prepare for the great liturgical feasts (mass, Easter etc.) & to help us grow in self-control and have true freedom!
5. Provide for the material needs of the Church, each according to his/her abilities
  - a. Why? Everything we have is a gift from God: we are called to give back to Him & His Church. We are also called to use our gifts for the service of others (help the poor etc.)

**Helpful Websites:** [www.vatican.va/phome\\_en.htm](http://www.vatican.va/phome_en.htm); [www.usccb.org](http://www.usccb.org); [www.archspm.org](http://www.archspm.org);  
[www.ewtn.com](http://www.ewtn.com); [www.catholicexchange.com](http://www.catholicexchange.com); [www.catholic.com](http://www.catholic.com); [www.zenit.org](http://www.zenit.org);